

## Support plan

### Young person

Name:

### Emergency contact

Name:

Relationship:

Home address:

Email:

Mobile:

### Where I need support:

Areas of difference

What support?

How do we know  
you need support?

Actions and resources



Social  
communication



### Questions you could ask:



- ✓ What do you want us to do in event of meltdown?
- ✓ What are the signs that you might be distressed?
- ✓ **Stims**, facial expressions, language and behaviour
- ✓ How is best to communicate with you?
- ✓ When do you need to be left alone?
- ✓ What are your likes and dislikes?
- ✓ How many breaks do you need in the session? If you leave the room do you want a staff member to follow?
- ✓ Do you need a different space for if you get overwhelmed? What does that space look like?
- ✓ Is there any equipment we can provide?
- ✓ Will you bring your own stim toys?

## Where I need support (continued...):

Areas of Difference

What support?

How do we know  
you need support?

Actions and resources



Social  
interaction



Social  
imagination



Sensory  
issues